



NYPUNYAM
SKILLS FOR TOMORROW

SKILL FIESTA 2016



Skill Development Mission of Government of Kerala

KASE

KERALA ACADEMY FOR SKILLS EXCELLENCE



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India



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February 5-7 | **2016**, Thiruvananthapuram, Kerala

ZONAL CHAMPIONSHIP
4-11 January 2016
BAKERY AND CONFECTIONERY



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Suggested Test Project Format

Trade :BAKERY AND CONFECTIONERY

Module 01

Submitted by

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Members

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BABU,MS.RAGI.G,MR.SANOFAR,MR.BINOY,MR.GIREESH,
MR.ANEESH

Zonal Location

:Trivandrum, Cochin, Calicut

Validated by

: MR. BINU.V.R

Time duration of the test: 4 HRS

TEST PROJECT DOCUMENTATION

BRIEF ABOUT THE PROJECT

Project Brief

The purpose is to evaluate each contestant's skill for employment and to recognize outstanding students for excellence and professionalism in Bakery and Confectionery. The competition assumes to test the skill of the contestants in creating innovative products with the given ingredients and in the environment and stipulated time

1Skill Test

A)To prepare 4 portions of Coconut Soufflé

B)To prepare a fruit gateaux from the given ingredients

Two candidates will be selected from each zone for the state level competition

Final Outcome expected from the candidate :

The candidates are expected to complete full skill test in time following industry standards, showcasing their innovation and professional etiquettes.



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DESCRIPTION OF PROJECT / TASKS

Time 4 HRS. The Skill test should be completed in **4 HRS.**

The competition will consist of preparing two bakery products

1. To prepare 4 portions of Coconut Soufflé
2. To prepare a fruit gateau from the given ingredients

1. CLOTHING REQUIREMENTS:

Chef Pants, Chef coat , Black shoes,scarf,chef cap with necessary knives and equipments



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FRUIT GATEAUX

Ingredients (01 Nos 350 gms)

Refined flour – 170 g

Baking powder – ½ tsp

Fresh Cream-100 ml

Egg - 2 no.

Milk - 30 ml

Sugar – 85 g

Castor sugar—100gms

Assorted fruits

Apple, oranges, Pineapple, , Kiwi, Chikoo, Bananas

Equipments required

- Oven
- Baking tray
- Mixing machine
- Electric Whisk
- Measuring Jar
- Weighing Machine
- Butter paper
- Palette knife
- Spatula
- Dessert plate
- Piping bag
- Knife
- Chopping board
- Tissue paper
- Kitchen towel



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- **COCONUT SOUFFLE (04 Nos 70 gms each)**

- **Ingredients**

- Sugar – 200 g
- Coconut milk – 20 g
- Low fat milk – 500 ml
- Butter (Unsalted) – 30 g
- Oil – 30 g
- Refined flour – 60 g
- Egg – 4 nos
- Gelatin

- **Equipments required**

- Souffle dish
- Refrigerator
- Sauce pan
- Wooden spoon
- Whisk
- Bowl
- Electric mixer
- GAS CONNECTION WITH BURNER -
- Work table -
- Dust bin
- Plastic Tray
- Sink
- Gloves
- Apron
- Spoonset
- Basin



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TECHNICAL DETAILS IF ANY

1. **Materials Trainee Need to Bring to the Event:** • Knives, Any special equipments, Display Materials, Sauces, Crockery for presentation
2. **Time 4 Hours.** The Skill test should be completed in 4 Hours

INSTRUCTIONS TO THE COMPETITOR (DO & DONTs)

- Keep the work area tidy
- Maintain professional etiquettes and standards at all times.
- Consider fire risk
- Candidates are to appear in Chef Pants, Chef coat , Black shoes,scarf&,chef cap
- Candidates will conduct themselves in a graceful and dignified manner through the entire duration of competition.
- Any (individual or collective) attempt to disturb/ intimidate/obstruct another candidate will lead to dismissal/ removal from competition.
- No communication/recording devices are allowed inside the arena.
- No communication with outside world during competition hours.

MARKING SCHEME (OUT OF 100)

- A. **OBJECTIVE MARKS :80**
- B. **SUBJECTIVE MARKS :20**